Meeting the Oral Health Needs for People with Disabilities: 
A Training Program for Dentists and their Staffs

Date: Friday, March 29, 2019
Time: 12:30am – 5:00pm
Registration: 11:30am
Location: Temple University Kornberg School of Dentistry, 3223 N. Broad Street, Lecture Room B, Philadelphia, PA 19140
Credits: 4 (L)
Tuition: Dentist $195 Dental Team $95
Register: https://dentistry.temple.edu/continuing-ed/registration-form

Full Schedule
11:30am – 12:00pm  Registration
12:00pm – 12:30pm  Lunch
12:30pm – 12:45pm  Introduction by Dr. Larry Paul
12:45pm – 1:30pm  Defining Disability and Introduction to the Disabilities we Encounter Through the Lifespan by Dr. Miriam Robbins
1:30pm – 2:00pm  Communicating Effectively with Parents, Caregivers, and Patients by Dr. Paul Jones
2:00pm – 2:30pm  Practice Without Pressure by Ms. Deborah Jastrebski and Mr. Marc Jastrebski
2:30pm – 2:45pm  Break
2:45pm – 3:00pm  Principles of Dental Care for Persons with Disabilities by Dr. Amid Ismail
3:00pm – 4:00pm  Treatment Options for Persons with Disabilities Through the Lifespan by Dr. Mark Wolff
4:00pm – 4:30pm  Reflections and Questions and Answers

Breakdown Schedule
11:30am – 12:00pm  Registration
12:00pm – 12:30pm  Lunch
12:30pm – 12:45pm  Introduction by Dr. Larry Paul

12:45pm- 1:30pm  
Defining Disability and Introduction to the Disabilities we Encounter Through the Lifespan
This presentation is designed to provide clinicians with an understanding of what is “disability” and how do some disabilities effect oral health. It will present the diagnostic and oral health implications of a series of disabilities-developmental and acquired, intellectual and physical, that are encountered routinely in dental practice and help explain how best to navigate the oral health issues encountered.

Upon course completion, you will:
- Identify what constitutes a disability
- Understand the spectrum of disabilities through the lifespan and how determine necessary modifications to care necessary based upon the disability.

Speaker
Miriam R. Robbins, DDS, MS, Associate Professor, NYU Winthrop Medical
Chair of the Department of Dental Medicine at NYU Winthrop Hospital in Mineola, NY. She is a clinical associate professor in the Department of Oral-Maxillofacial Pathology, Radiology and Medicine at NYU College of Dentistry, where she was previously the Associate Chair of that department as well as the Director of Special Needs Dental Clinic. She received her dental degree from SUNY at Buffalo School of Dental Medicine and her MS in Management and Health Policy from the Robert Wagner School of Public Policy at NYU. She completed her residency at Columbia Presbyterian Medical Center and an American Cancer fellowship at Memorial Sloan-Kettering Cancer Center, both in New York City. She is a Diplomat of the American Board of
Special Care Dentistry and hold Fellowships in the American College of Dentists, American Academy of Oral Medicine and the American Association of Hospital Dentists. She is a past president of the Special Care Dentistry Association as well as the immediate past president of the American Academy of Oral Medicine. She lectures nationally and internationally as well as contributing to the dental and medical literature on the dental management of special needs and medically complex patients, managing the oral manifestation of systemic disease, HIV/AIDS, oral cancer and other oral medicine related topics.

1:30pm – 2:00pm
Communicating Effectively with Parents, Caregivers, and Patients
This presentation is designed to provide clinicians with effective tools to help manage emotional and behavioral difficulties that may arise during dental treatment for individuals with intellectual/developmental disabilities. Specific interventions to reduce both challenging behaviors and negative emotional reactions will be discussed, emphasizing improved effective communication between clinicians and parents, caregivers, and patients.

Upon course completion, you will:
- Identify essential components of effective communication.
- Demonstrate the use of communication strategies through examples provided during the course.
- Apply strategies to engage all individuals within a dental practice (front desk staff, dental assistant, dental hygienist, and dentist) in the use of interventions.

Speaker
Paul Jones, PhD, Assistant Professor, Behavioral Sciences, Licensed Psychologist, Temple University Kornberg School of Dentistry
Dr. Jones completed his PhD in School Psychology at Temple University. Additionally, he holds a Master of Science degree in Psychology from Nottingham Trent University and a post-graduate certificate in School Psychology from Eastern University. Prior to graduating, he completed his doctoral residency at the Cleveland Clinic in pediatric psychology. Dr. Jones more recently completed a post-doctoral fellowship in pediatric psychology at Nemours/A. I. duPont Hospital for Children in Wilmington, DE, with specializations in pediatric pain and medical consultation/liaison services. Dr. Jones has experience working with families of patients with various physical and mental health problems. In addition to his clinical training experiences in pediatric psychology, Dr. Jones has a wide degree of training and experience in providing behavioral and psychological support in schools and in the community. His research interests include pediatric pain management and school collaborations to promote physical and mental well-being.

2:30pm – 3:00pm
Practice Without Pressure (PWP)
It is part of a "dentability" initiative with Temple, UPenn and AmeriHealth Caritas. It lays the groundwork for understanding how to work with people with Intellectual/Developmental Disabilities (IDD) and prepares the professional for actual hands on training in the PWP modalities. This course is open to all those with an interest in treating people with disabilities without sedation or restraint.

Upon course completion, you will:
- Have a basic understanding of why and how PWP was created, PWP philosophy and PWP Practice Model.
- Understand, and have the expectation, that any person with intellectual disabilities can actively participate in their own care, no matter type, or degree, of disability, or how they have received medical, dental or personal care in the past.
- Understand the difference between capacity building and behavior management.

Speakers
Deborah Jastrebski - PWP Master Specialist
Ms. Jastrebski is the co-founder of the Practice Without Pressure (PWP) philosophy and process of care. A mother of three, she created PWP for her oldest, Marc, who has Down syndrome and significant heart issues. Marc was so frightened of anything in his personal space that medical, dental and personal care procedures were a nightmare, often resulting in restraint, sedation, and always trauma for him, his mom, and the clinicians and professionals performing the procedures. Ms. Jastrebski knew she had to find a better way when her son screamed and cried so hard that blood vessels broke in his face while being restrained for a procedure. Ms. Jastrebski has had a variety of personal, educational and work experiences, including physician’s assistant and an information technology analyst/project manager. She holds a degree in psychology, and was named a 2011 Robert Wood Johnson Community Health Leader for her work in creating PWP. Since creating the PWP model in 2001, she has worked with thousands of individuals with disabilities, their caregivers, and the professionals who provide services to them. Her
work is nationally known, and she has spoken to audiences across the country, to organizations such as the Special Care Dentistry Association (SCDA) and the American Academy for Developmental Medicine and Dentistry (AADMD). Ms. Jastrebski believes that everyone can participate in their care, no matter how affected they may be by their disability. And that the people who love, care for, and provide services to people with disabilities deserve to be supported, educated and trained in positive ways to interact, resulting in excellent care delivered with dignity and respect for everyone.

Speaker
Marc Jastrebski - individual with IDD
Mr. Jastrebski is an amazing man who loves all Philadelphia sports teams, his family, and happens to have Down syndrome. He is the inspiration for the creation of the Practice Without Pressure (PWP) philosophy and model of care. Mr. Jastrebski was born with significant heart issues along with his Down syndrome, and had his third open heart surgery in 2017. He has worked his entire adult life and loves it. His experience includes working in a plumbing warehouse, on the campus of University of Delaware in their food service department, and with PWP. At PWP he works training clinicians and working with other individuals with disabilities as a practice specialist, helping both groups build capacity for positive medical, dental and personal care procedures for people with disabilities. Mr. Jastrebski loves to help people, and can be seen holding doors for others, or passing out business cards at conferences he attends.

2:45pm – 3:00pm
Principles of dental care for Persons with Disabilities

Upon course completion, you will:
- Understand the current management pathway of dental caries
- Gain knowledge of principles of caries management in disabled individuals

Speaker
Dr. Amid I. Ismail, BDS, MPH, DrPH, MBA
Dr. Ismail is the Laura H. Carnell Professor and Dean of Temple University Kornberg School of Dentistry, Philadelphia, Pennsylvania, USA. He has extensive public health, academic, research, and community organization experiences. He has a Master and Doctorate degrees in Public Health, and a Master of Business Administration degree from the Ross School of Business at the University of Michigan. He is a Diplomate of the American Board of Dental Public Health. He has published over 140 referred papers and several book chapters and is ranked “exceptional” in Google Scholars. He has received over $20 Million in research funding throughout his career. Dr. Ismail is a caries epidemiologist and has developed guidelines for contemporary and conservative management of dental caries. Under his leadership, Temple Dental has surpassed the national average in written and clinical board examinations, over doubled its clinical revenues, and serves now 15-2% more patients with limited access to care than a decade ago. Temple Dental has introduced a full electronic health record and provides the largest network of dental care providers for needy elderly and very young children in Philadelphia.

3:00pm – 4:00pm
Treatment Options for Persons with Disabilities Through the Lifespan

This presentation is intended to provide the general dentist and/or hygienist with multiple caries management strategies that can be utilized to prevent and treat caries in persons with disabilities. Evidence-based caries prevention strategies and necessary homecare modifications, will be discussed. Practitioners will learn about the advantages and limitations of non-surgical and minimal surgical caries management techniques that may enable management of most caries in persons with disabilities. Fluoride varnish, silver diamine fluoride and atraumatic restorative.

Upon course completion, you will:
- Understand effective preventive strategies and their optimal utilization.
- Be able to identify and utilize non-surgical and minimal surgical caries management techniques.

Speaker
Mark S. Wolff, DDS, PhD
Dr. Mark S. Wolff is the Morton Amsterdam Dean of the University of Pennsylvania School of Dental Medicine and a Professor in the Department of Preventive and Restorative Dentistry. Formerly he was a Professor and Chair of the Department of Cariology and Comprehensive Care and Associate Dean for Pre-doctoral Clinical Education and Associate Dean for Development and Alumni Relations at the New York University College of Dentistry. He has designed, developed, and implemented an extensive curriculum in caries risk assessment and has designed dental information systems to assist dental
schools in monitoring the risk of the entire dental patient population. Dr. Wolff has completed numerous national and international research and oral health assessment programs. Dr. Wolff started his dental career as a private practitioner, creating a family practice that focused on the medically compromised and disabled patients of all ages. He has been a lifelong advocate and educator for individuals with physical, intellectual and developmental disabilities through the lifespan. Dr. Wolff received his DDS degree and PhD in Oral Biology and Pathology from Stony Brook University. He has served as the principal or co-principal investigator on multiple bench top and clinical research projects investigating dental caries, novel remineralizing agents, dental erosion, periodontal disease, dental materials and dentinal hypersensitivity. He has published over 100 scientific papers, text chapters and edited multiple textbooks. Dr. Wolff lectures world-wide and is a frequent consultant to industry. He has been the principal or co-principal investigator on more than $9.0 million in industrial and National Institute of Health funded research. Prior to joining the NYU College of Dentistry in 2005, he served as Associate Dean at Stony Brook University School of Dental Medicine, where he helped develop and implement the first completely computerized dental record. Under his leadership, NYU DENTISTRY implemented extensive clinical programs of caries and health risk assessments, minimal intervention dentistry, tobacco cessation, evidence based dental education, community-based dentistry and dental care for all patients through the life-cycle. He frequently serves as a media source for information on consumer issues and hosted an annual radio series on dental issues on satellite radio.

4:00pm – 4:30pm
Reflections and Questions and Answers

*Dr. Larry Paul, Dr. Miriam Robbins, Dr. Paul Jones, Ms. Deborah Jastrebski, Mr. Marc Jastrebski, Dr. Amid Ismail and Dr. Mark Wolff*: No relevant financial relationships to disclose.

*CE Planning Committee*: Members of the CE planning committee have no relevant financial relationships to disclose.

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