



TEMPLE DENTAL SLEEP APNEA THERAPY

Sleep Better. Feel Better.

Sleeping disorders are:

- Snoring
- Difficulty breathing during sleep
- Stopping of breathing during sleep
- Sleeping during work or daily activities

Sleep disorders may indicate more serious conditions such as:

- Hypertension
- Heart disease
- Stroke

Sleep disorders can cause:

- Memory problems and difficulty concentrating
- Excessive daytime sleepiness
- Depression and Irritability
- Drooling during sleep
- Dry mouth
- High risk of machinery/motor vehicle accidents

A custom-fitted sleep apnea appliance can provide relief

- Fabricated for each patient to fit after a sleep study and trial of CPAP (continuous positive airway pressure) machine
- Temple University Dental Clinics manage all aspects of sleep disorder care from referral to a trusted sleep clinic to fabrication of a dental appliance designed to fit you.

DON'T WAIT— we can help you sleep better at night

Call **215-707-2200** now to schedule your appointment with a member of our sleep disorder dentist-prosthodontists at Temple Dental Clinics.

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