Sleeping disorders are:
• Snoring
• Difficulty breathing during sleep
• Stopping of breathing during sleep
• Sleeping during work or daily activities

Sleep disorders may indicate more serious conditions such as:
• Hypertension
• Heart disease
• Stroke

Sleep disorders can cause:
• Memory problems and difficulty concentrating
• Excessive daytime sleepiness
• Depression and Irritability
• Drooling during sleep
• Dry mouth
• High risk of machinery/motor vehicle accidents

A custom-fitted sleep apnea appliance can provide relief
• Fabricated for each patient to fit after a sleep study and trial of CPAP (continuous positive airway pressure) machine
• Temple University Dental Clinics manage all aspects of sleep disorder care from referral to a trusted sleep clinic to fabrication of a dental appliance designed to fit you.

DON’T WAIT—
we can help you sleep better at night
Call 215-707-2200 now to schedule your appointment with a member of our sleep disorder dentist-prosthodontists at Temple Dental Clinics.

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